

# Reducing Claims Costs with Whole Person Care

## The Study

To assess Goodpath's impact on healthcare costs, an actuarial study analyzed the medical claims of members enrolled in their employer-sponsored health plan before and after joining Goodpath.

The study reviewed total cost of care using comprehensive claims data, including ICD-10 diagnoses and CPT procedure codes, to evaluate changes in utilization and medical spend after members began receiving Goodpath care.

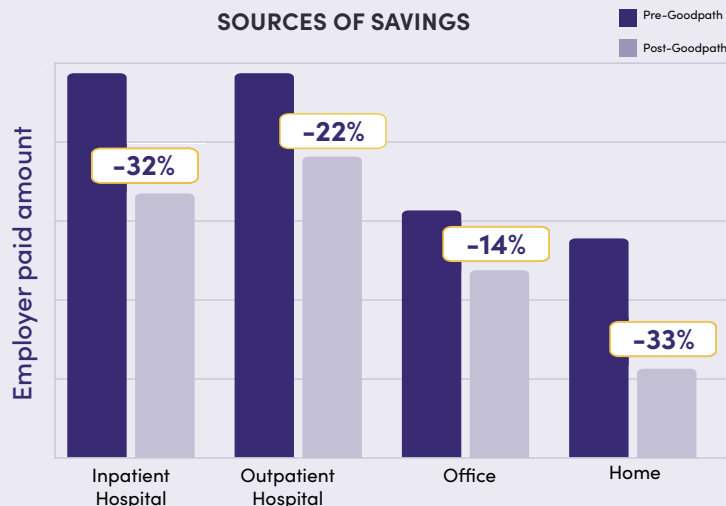


## The results:

**> \$1,937** in savings per member

**> 32%** decrease in annual claims costs

The reduction in claims costs extended beyond the condition members enrolled for, showing Goodpath's ability to lower total healthcare spend across the board.



**When care is connected, outcomes improve.**

Goodpath's whole-person approach reduces costs by addressing physical, mental, and lifestyle factors together. Whole person care delivers real savings.